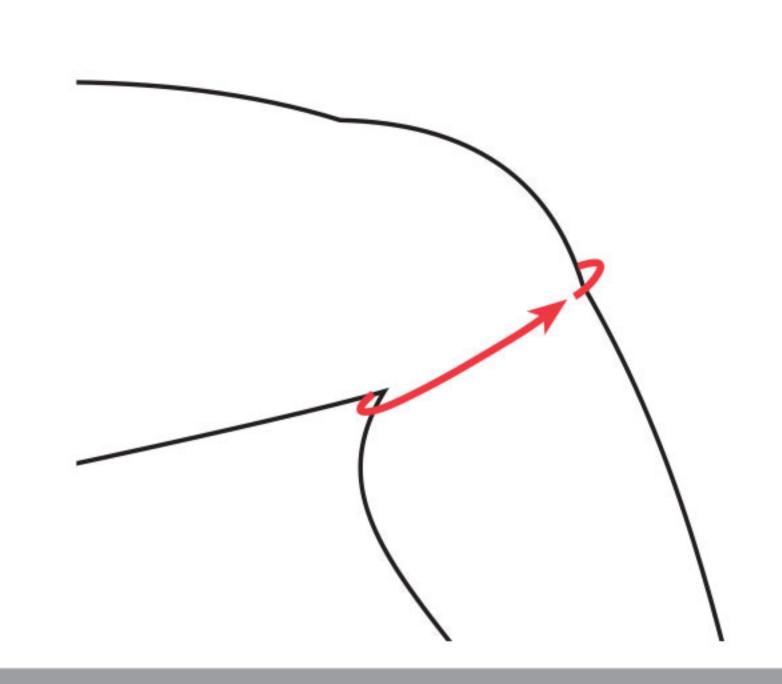
## Measure slightly bent underneath kneecap



SIZE	MEASUREMENT	
SM	12-13 1/2"	30-34cm
MED	13 1/2-15"	34-38cm
LRG	15-16 1/2"	38-42cm
XL	16 1/2-18"	42-46cm

Your Elastic Support should be a snug and comfortable fit. Not too tight, not too loose. If in doubt, try next larger size.